

At the end of the Health and Social Care Course all students should be motivated and have the opportunity to continue learning about the Health and Social Care sector at level 3 and/or have the option of entering the profession in future years.

Subject: Health and Social Care

Programme of Study

Year 10	Activities Assessment May in Year 10
<p>Students will begin the Health and Social Care course by completing <u>Component 1: Human Lifespan Development</u>. In Component 1 students will investigate how, human development is affected by different factors and that people deal differently with life events.</p> <p>There are two Learning Aims in Component 1, these are:</p> <p><u>Learning Aim A</u> Understand human growth and development across life stages and the factors that affect it</p>	<p>The activities and tasks students need to complete to meet the learning objectives for Learning Aim A are:</p> <p>Students need to write a report on a chosen individual that is divided into three main parts.</p> <ol style="list-style-type: none">1. The process of growth and development through three, different life stages showing how growth and development changes over time.2. The factors that have had an effect on each of the three, different life stages.3. How the impact of the different factors has changed across the different life stages for your chosen individual.

Learning Aim B

Investigate how individuals deal with life events.

The activities and tasks students need to complete to meet the learning objectives for Learning Aim B are:

For this task, students must choose two people who are willing to be interviewed about their life and events that have affected them. The individuals could include:

- friends
- relatives
- individuals taken from case studies provided by your teacher.

The student's work will focus on how two people were affected by the same life event.

Year 10/Year 11

In Year 10 students will complete Component 2: Health and Social Care Services and Values. In Component 2 students study and explore practically, health and social care services and how they meet the needs of real service users.

There are two learning Aims in Component 2, these are:

Learning Aim A

Understand the different types of health and social care services and barriers to accessing them

Learning Aim B

Demonstrate care values and review own practice.

Activities

Starting May/June and continuing into Year 11 – Assessment Dec in Year 11

The activities and tasks students need to complete to meet the learning objectives for Learning Aim A are:

Students must produce a review of the health and social care services in the local area based on two case studies. The review must be divided into three sections:

Section 1

For this section, students must explain how the health and social care services in the local area will meet the needs of each of the individuals in the case studies.

Section 2

In this section, students must choose one of the health or social care services they have written about in section one and explain how barriers could have an effect on whether one of the chosen individuals could use the service.

Section 3

In this section, students must assess how suitable the health and social care services are in meeting the needs of the individuals.

The activities and tasks students need to complete to meet the learning objectives for Learning Aim B are:

Students should choose one of the health and social care services, and make realistic suggestions for overcoming the barriers they have explained in section two.

Component 3 – Exam

Component 3 focuses on applying knowledge and skills to assess and improve health and wellbeing.

Students will:

1. **Interpret health indicators**
 - Understand physiological and lifestyle indicators (e.g., blood pressure, BMI, peak flow).
 - Analyse what these indicators reveal about an individual's health.
2. **Design a health and wellbeing improvement plan**
 - Identify factors affecting health (physical, social, emotional, cultural, economic, environmental).
 - Set realistic, measurable short- and long-term targets.
 - Recommend strategies to improve health and wellbeing.
3. **Apply knowledge in a vocational context**
 - Use case studies to demonstrate understanding.
 - Justify choices using evidence and reasoning.

Component 3 Overview

This is the externally assessed component where students apply their knowledge to a realistic scenario. The assessment is a **controlled task** set and marked by Pearson.

Tasks Expected

Students will complete the following key tasks during the assessment:

1. **Interpret Health and Wellbeing Data**
 - Analyse provided case study information.
 - Interpret **physiological indicators** (e.g., blood pressure, BMI, peak flow) and **lifestyle indicators**.
 - Explain what these indicators suggest about the individual's current health and wellbeing.
2. **Assess Factors Affecting Health**
 - Identify **positive and negative factors** influencing the individual's health (physical, social, emotional, cultural, economic, environmental).
 - Explain how these factors interact and impact overall wellbeing.
3. **Create a Health and Wellbeing Improvement Plan**
 - Set **short-term and long-term targets** that are realistic and measurable.
 - Recommend **strategies and resources** to help achieve these targets.
 - Justify why these strategies are appropriate for the individual's needs and circumstances.
4. **Apply Knowledge and Justify Decisions**
 - Use evidence from the case study and wider knowledge of health and social care.
 - Provide clear reasoning for choices made in the plan.

Format

- **Controlled conditions:** 3 hours supervised.
- **Written response:** Structured report including analysis, plan, and justification.
- **Marks available:** 60 marks total.

Health and Social Care Solutions

The areas for development are:	Solution
<p>To support students in completing the tasks and assignments it is recommended that they complete additional reading around key topics. The links to the resources can be found in the 'Solutions' column of this table.</p>	<p>Books Boyd D., Bee H., <i>Lifespan Development</i>, (2015), Pearson Education Limited, ISBN: 9781292065625</p> <p>Journals <i>Community Care</i>. <i>Nursing Times</i>.</p> <p>Websites https://www.citizensadvice.org.uk www.communitycare.co.uk/2010/09/20/what-is-the-role-of-social-workers https://www.careforthefamily.org.uk/Family-life/bereavement https://www.mind.org.uk/information-support https://www.learningdisabilitytoday.co.uk http://ccpdignity.co.uk/resources/</p>

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