

ASDAN – New Horizons: student and parent/carer notes

About ASDAN

<https://www.asdan.org.uk/>

ASDAN is a curriculum development and awarding organisation.

They provide flexible and engaging programmes and qualifications that help young people develop skills for learning, work and life.

As a class we have started work towards certification for the New Horizons programme. As part of this course there are things which can be done at home which will all count towards this goal.

Health

Under the current situation I felt this section was one which is important to keep high on the agenda for us all.

I have copied the section from the student book on “Health”. This deals with the areas of:

- Personal care
- Keeping fit
- Healthy eating
- Keeping safe
- Health-related occupations

Evidence for these can be shown in a variety of ways so please be creative and use resources you have at home during this period of lockdown.

There is space for a written comment to be made on what was done eg Personal care: all items could be correctly identified and a personal care routine was kept each day – if this has happened:

- Students – write a short summary of what you did – include a separate copy of your daily self-care routine if you can
- Parent/carers – Write a short comment to say what you have observed and any strengths/areas to improve;

Challenges

Each area in the ASDAN course has a challenge section. This is a chance to reflect on things you are good at..... and to try something new/develop current skills further 😊

Again, please be creative in these eg Citizenship: a challenge could be finding some ways to help out at home – take on responsibility for sorting the recycling at home; help with younger siblings in the house.

Evidence collecting

Remember for all aspects of these ASDAN activities, evidence can be collated in a variety of forms – you can record in writing what has been done; produce a poster; take photographs; make a powerpoint. Choose what works for you.

I look forward to seeing and hearing how everyone has been doing, we may have some gorgeous gardens to behold; some amazing dishes which have been cooked and enjoyed at home; some stories of where people have worked together to make this a nicer experience for you all.

Stay safe and well

Miss Hewer