Personal Skills

This section is for you to share the things you are good at.

For example:

- taking the register to the office
- getting changed for swimming
- laying the table
- making a bed
- washing up
- other

Things I can do:

My Challenge

This section is for you to share something you would like to try.

My challenge is:

Challenge review

How I got on:

Signed:

Date:

Personal Skills

Social

This section is for you to share the things you are good at.

For example:

- waiting my turn
- listening to a friend
- helping others
- asking for help
- behaving appropriately
- other

Things I can do:

My Challenge

Social

This section is for you to share something you would like to try.

My challenge is:

Challenge review

How I got on:

Signed:

Date:

This section is for you to share the things you are good at.

For example:

- washing my hair
- swimming a length
- using a pelican crossing
- eating healthy foods
- keeping safe
- other

Things I can do:

This section is for you to share something you would like to try.

My challenge is:

Challenge review

How I got on:

Signed:

Date:

This section is for you to share the things you are good at.

For example:

- following class/group rules
- recognising what is fair
- recycling rubbish
- helping others
- other

Things I can do:

This section is for you to share something you would like to try.

My challenge is:

Challenge review

How I got on:

Signed:

Date:

This section is for you to share the things you are good at.

For example:

- making friends
- helping my friends
- behaving appropriately in a public place
- other

Things I can do:

This section is for you to share something you would like to try.

My challenge is:

Challenge review

How I got on:

Signed:

Date: