

Year 11 – Health and disease

Acau Strategy Topic:	Introducing pathogens and types of disease (B.7)	Торіс:	Preventing pathogens from making us unwell (B.9)
Define "health"	State of physical and mental well being	State 3 ways that pathogens can be spread	Direct contact, water, air
What is the name for a disease that can be	Communicable (or infectious)	How do bacteria make us feel unwell?	Produce toxins (poisons) that damage tissues
passed on from person to person? What is the name for a disease that can NOT be		How do viruses make us feel unwell?	Live & reproduce in cells causing cell damage
passed on from person to person?	Non-communicable	Name 4 of the body's non-specific defence systems	Skin, nose, trachea, stomach
State three factors other than disease that can have an impact on health	Diet, stress, life events	How does the skin prevent pathogens from making us unwell?	Prevent them from entering body
State one consequence of long term physical ill health	Depression	How does the nose prevent pathogens from making us unwell?	Mucus to trap dirt & pathogens, ciliated cells to sweep it out
What is the name given to a disease causing microorganism?	Pathogen	How does the trachea prevent pathogens from making us unwell?	Mucus to trap dirt & pathogens, ciliated cells to sweep it out
Define "risk factors"	Factors that are linked to an increased rate of disease	How does the stomach prevent pathogens from making us unwell?	Stomach acid to kill pathogens
State three risk factors for cardiovascular disease	Diet, smoking and exercise	State three ways that white blood cells can help to defend us against pathogens	Phagocytosis, antibody production, antitoxin production
State one risk factor for type 2 diabetes Name 2 organs effected by drinking alcohol	Obesity Brain and Liver	Which type of white blood cell carries out phagocytosis?	Phagocytes
Name 2 potential impacts of smoking	Lung disease and lung cancer Contact with carcinogens (including	Which type of white blood cell carries out antibody and antitoxin production?	Lymphocytes
State a risk factor for cancer	ionising radiation)	State one thing that can trigger cancers to form	Viruses in cells
State two lifestyle factors that can impact an unborn babies development	Smoking and drinking alcohol	What causes tumours to form?	Changes in cells that lead to uncontrolled arowth and division
Why is a sample of people used when investigating risk factors for diseases?	Too time consuming/impractical to sample whole population	Define "benign tumour"	Growth of abnormal cells contained in ONE area in a membrane
Topic:	Detailed disease case studies (B.8)	Define "malignant tumour"	Growth of abnormal cells that SPREAD to other parts of the body in blood and INVADE
Name 4 types of pathogen	Virus, bacteria, fungi, protist		other tissues,
Name 3 viral diseases	Measles, HIV, TMV (tobacco mosaic virus)	Topic:	Developing new medicines (B.10)
Name 2 bacterial diseases	Salmonella & Gonorrhoea		Extracted from plants, microorganisms &
Name 1 fungal disease	Rose black spot	State three ways that drugs can be produced	synthesised
Name 1 protist disease	Malaria	Where does the heart drug digitalis originate from?	Foxgloves (plant)
State 2 symptoms of measles	Fever, Red skin rash	Where does the pain killer aspirin originate from?	Willow trees
State 2 symptoms of HIV	Flu-like symptoms, AIDS	Where does the antibiotic penicillin originate from?	Penicillium mould
State 1 symptom of TMV	Discolouration of leaves	State three things that drugs are tested and trialled for	 Toxicity (safe), 2) efficacy (does it work), 3)
State 2 symptoms of salmonella	Fever, Cramps, Omitting , Diarrhoea	before use	dose (quantity)
State 2 symptoms of gonorrhoea	Thick yellow/green discharge, Pain urinating	What is used to test drugs during preclinical testing?	Cells, tissues & live animals
State 2 symptoms of rose black spot	Purple/black spots on leaves. Leaves turn yellow & drop off	Who are medicines tested on in stage 1 of clinical trials?	Healthy volunteers (low doses - test for toxicity)
How is measles spread & prevented?	Spread: Air Prevented: Vaccination	Who are medicines tested on in stage 2 of clinical trials?	Patient volunteers (low doses - test for efficacy
How is Gonorrhoea spread & prevented?	Spread: Sex Prevented: Condoms	who are medicines tested on in stage 2 of clinical trials?	& dose)
How is Rose Black Spot spread & prevented?	Spread: Direct contact Prevented: Fungicide & destroying affected leaves	What is a double blind trial?	Neither experimenter or patient knows if they are taking medicine or placebo
How is Salmonella spread & prevented?	Spread: Food Prevented: Cooking thoroughly & washing hands	What is a placebo? What is the name for the injection given to patients to	A substance that contains no medicine (a control)
now is salmonella spread a prevented?	Indroughly a washing hands		
now is samonena spread a prevented?	inoroughly a washing hands	prevent them from catching an infectious disease?	Vaccination
now is Salmonena spread a prevented?	norougniy a wasning nanas	prevent them from catching an infectious disease? Describe step 1 of vaccinations	1) small quantity of dead/inactive pathogen
now is Salmonena spread a prevented?	Thoroughly a washing hands	prevent them from catching an infectious disease?	1) small quantity of dead/inactive pathogen 2) white blood cells produce correct antibody (slowly)
now is Salmonena spread a prevented?	Thoroughly a washing hands	prevent them from catching an infectious disease? Describe step 1 of vaccinations	1) small quantity of dead/inactive pathogen 2) white blood cells produce correct antibody



Year 11 – Health and disease (Triple content)

Торіс:	Plant diseases (triple only) (B.12)	Knowledge on the previous page as well as the	
State 7 ways of detecting plant diseases	 Stunted growth, 2) Spots on leaves, 3) areas of decay, 4) growths, 5) malformed leaves/stems, 6) discolouration, 7) pests 		
State 3 ways of identifying a plant disease	 Gardening manual/website, 2) testing in lab, testing using MAB (monoclonal antibodies) 	triple only content	
Name one viral disease that affects plants	Tobacco Mosaic Virus (TMV)	Topic:	Monoclonal antibodies (triple only) (B.39)
Name one fungal disease that affects plants	Rose black spot	State the two cells required to produce monoclonal	
Name one insect that affects plants	aphids	antibodies	1) Mouse lymphocyte 2) tumour cell
State the effect of nitrate deficiencies in plants	Stunted growth (nitrate ions required for protein synthesis)	Name the cell that is produced from joining the two cells together in monoclonal antibody	Hybridoma
State the effect of magnesium deficiencies in plants	Chlorosis (discolouration) (magnesium ions needed to make chlorophyll)	production	Diagnosis (e.g. pregnancy tests), testing in
Name 3 physical defences in plants	1) cellulose cell walls, 2) tough waxy cuticle, 3) layers of dead cells on stems (e.g. bark)	State 4 uses of monoclonal antibodies	labs, tagging molecules with dye, disease treatment
Name 2 chemical defences in plants	1) antibacterial chemicals, 2) poisons	How are monoclonal antibodies used in cancer	MAB bound to radioactive substance that
Name 3 mechanical adaptations of plants	1) Thorns/hairs, 2) drooping/curling leaves, 3) mimicry	treatment	finds & binds with cancer cells Formed from clones of a single hybridoma
What is the name given to the chemical that is sprayed on plants to kill pests?	Pesticides	Why are "monoclonal antibodies" given this name?	cell
What is the name given to the chemical that is sprayed on plants to kill weeds?	Herbicides	Where is the lymphocyte that is used in monoclonal antibodies collected from?	A mouse
What is the name given to chemicals that are sprayed	Fertilisers	Why is a lymphocyte used for making monoclonal antibodies?	It produces a specific antibody
on plants to encourage growth? What does NPK stand for in fertilisers?	Nitrogen, Phosphorus and Potassium	Why is a tumour cell used in the production of	It divides rapidly
What is the name given to plants that have been grown	Organic	monoclonal antibodies?	
without the use of artificial chemicals? Topic:	The Brain and eye (triple only) (B.13)	State two advantages of using monoclonal antibodies	Treat a wide range of conditions, bind to specific cells so as not to damage
State the location & function of the cerebral cortex	Outer section - perception, memory, language		surrounding cells
State the location & function of the cerebellum	Base of brain - balance & co-ordination of voluntary movement	State two disadvantages of using monoclonal antibodies	Expensive, lots of side effects
State the location & function of the medulla	In brain stem - controls involuntary functions e.g. breathing	State 3 examples of side effects caused by monoclonal antibodies	Fever, muscle pains, nausea
Why is it difficult to investigate brain function?	Lots of different areas work together		Diagnosis (e.g. pregnancy tests), testing in
State three ways of investigating brain functions & regions	Brain damage patients, electrical stimulation of brain regions, MRI scanning	State 4 uses of monoclonal antibodies	labs, tagging molecules with dye, disease treatment
State two changes that can occur in the eye	Accommodation (for focussing on near/far objects) Adaptation to dim/bright light	How are monoclonal antibodies used in cancer treatment	MAB bound to radioactive substance that finds & binds with cancer cells
State two things that the eye organ is sensitive to	Light intensity & colour	State two advantages of using monoclonal	Treat a wide range of conditions, bind to
State the name of the coloured part of our eye that expands in bright light and contracts in dim light.	Iris	antibodies	specific cells so as not to damage surrounding cells
State the name of the whole in the front of our eye that allows light in	Pupil	State two disadvantages of using monoclonal antibodies	Expensive, lots of side effects
What happens to the size of the iris and pupil during bright light	Pupil = small Iris = big		
What is the name for the light detecting cells at the back	Retina	1	
of the eye? What happens to the eye during accommodation for	1) Ciliary muscles contract 2) Suspensory	1	
focussing on near objects? What happens to the ave during accommodation for	ligaments loosen 3) lens is thick -> more refraction	4	
What happens to the eye during accommodation for focussing on far objects?	 Ciliary muscles relax 2) Suspensory ligaments pulled tight 3) lens is thin -> less refraction 	1	
State the name for short sightedness	Myopia (focal point in front of retina)	4	
State the name for long sightedness	Hyperopia (focal point past retina)	1	