

## Programme of Study – Specialist Centre Living Independently – ASDAN

Living Independently provides the opportunity for students to develop knowledge of living independently and skills needed as well as how to use them effectively.

### Aims:

- To help develop and demonstrate a range of skills through independent living activities and studies.
- To help develop and demonstrate an understanding of independent living issues.

The course consists of 9 modules, each of which is related to living independently.

- Earning and spending money
- Keeping track of you money
- Making financial choices
- A place of your own
- Health and well being
- Cooking on budget
- Practical cooking
- Career management
- Preparing for the world of work

Students will complete a combination of modules chosen by the tutor.

## Years 10/11



### Oasis Academy Brislington: Curriculum

Year 10/11						
<b>Rationale</b>	Living Independently focuses on preparing young people for the challenges of living independently. It will introduce skills needed as well as issues presented to young people.					
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<b>Module</b>	Earning and Spending Money Module 1	Keeping Track of your Money Module 2	Making Financial Choices Module 3	A Place of your Own Module 4	Health and Welfare Module 5	Preparing for the World of Work Module 9
<b>Challenges</b>	<i>Part A</i>	<i>Part A</i>	Part A	Part A	Part A	Part A

	<p>Challenge 1- where people get money.</p> <p>Challenge 2- how people get paid.</p> <p>Challenge 3- types of benefits.</p> <p>Challenge 7- value added tax (VAT)</p> <p><i>Part B</i></p> <p>Challenge 1- essential items needed to live independently.</p>	<p>Challenge 1- Banks and building societies.</p> <p>Challenge 2-Financial terms.</p> <p>Challenge 5-Payment methods.</p> <p>Challenge 9-Different kinds of plastic cards.</p> <p><i>Part B</i></p> <p>Challenge 3- How to pay for expensive goods.</p>	<p>Challenge 1- Types of insurance.</p> <p>Challenge 2- Financial services products.</p> <p><i>Part B</i></p> <p>Challenge 1- Detailed information on types of insurance.</p> <p>Challenge 2- Online buying habits.</p>	<p>Challenge 1- Different housing options.</p> <p>Challenge 2- Different types of landlords.</p> <p>Challenge 3- Tenant rights and responsibilities.</p> <p>Challenge 7- Eviction, what it means, common reasons.</p> <p><i>Part B</i></p> <p>Challenge 2- Moving into a new location.</p>	<p>Challenge 1- Importance of good hygiene.</p> <p>Challenge 2- Advice and support for young people with health issues.</p> <p>Challenge 5- Laws on young people and sex.</p> <p>Challenge 6- Different types of relationships.</p> <p><i>Part B</i></p> <p>Challenge 4- Advantages, disadvantages of types of contraception.</p>	<p>Challenge 1- Benefits of work experience.</p> <p>Challenge 2- What type of job would you like to do?</p> <p>Challenge 4- Write a letter applying for work experience placement.</p> <p>Challenge 5- Plan a journey to work experience.</p>
<b>Assessment</b>	<b>Assessment: Internal moderation.</b>	<b>Assessment: Internal moderation</b>	<b>Assessment: Internal moderation</b>	<b>Assessment: Internal moderation</b>	<b>Assessment: Internal moderation</b>	<b>Assessment: Internal moderation</b>