

KS3: ASDAN New Horizons

Brief Introduction: New Horizons is made up of five modules. Each module is made up of five sections and in each section there are activities for students to do.

ASDAN Framework:

- The student One page Profile to be included in the student folder at the start of the course
- After each module each completed, the Record Page to be completed.

Module	1.Personal	2.Social	3.Health	4.Citizenship	5. Relationship
Section					
1	Personal details	Friends	Personal care	Having your say	Our bodies
2	My family	My Local Community	Keeping fit	Rules	Understanding changes
3	Likes and Dislikes	Different communities	Healthy eating	Rights and responsibilities	Public/private places
4	Leisure	Helping others	Keeping safe	Environment	Making friends
5	My Family's Jobs	Careers	Finding out about health-related occupations	Finding out about occupations of people who help us	Feelings
	Personal skills	Personal skills	Personal skills	Personal skills	Personal skills
	My Challenge	My Challenge	My Challenge	My Challenge	My Challenge

Programme of Study

Modules: Personal, Social, Health, Citizenship, Relationships

Term	Section	Year 7	Year 8
1	1	Personal details	Recall: Friends
	2	My family	Recall: My Local Community
	3	Likes and Dislikes	Recall: Different communities
	4		Recall: Helping others
	5		Recall: Careers
			Personal skills
		My Challenge	
2	1		Personal care
	2		Keeping fit
	3		Healthy eating
	4	Leisure	Keeping safe
	5	My Family's Jobs	Finding out about health-related occupations
		Personal skills	Personal skills
		My Challenge	My Challenge
3	1	Relationships/Consent (AHM) Personal/Keeping safe (EPE)	Our bodies
	2	Committed relationship (AHM) Feeling Frightened or worried (EPE)	Understanding changes
	3	Self Esteem(AHM) Good day. Difficult day(EPE)	Public/private places
4	4	Module Reflection identify individual work	Making friends
	5	Module Reflection identify individual work	Feelings
		Module Reflection identify individual work	Personal skills
		Module Reflection identify individual work	My Challenge
5	1	Personal care	Module Reflection identify individual work
	2	Keeping fit	Module Reflection identify individual work
	3	Healthy eating	Module Reflection identify individual work
	4		Module Reflection identify individual work
	5		Module Reflection identify individual work
			Module Reflection identify individual work

6	4	Keeping safe	Moderation
	5	Finding out about health-related occupations	
		Personal skills	
		My Challenge	