



Dear Parent/Carer

Year 11 PE September 2020

I am writing to inform you of the opportunities for Year 11 to participate in PE this academic year.

It is proven that physical activity can improve physical, social and mental health. Year 11 students will be taking part in PE in Term 1 or Term 2 this academic year. The PE lessons will take place during RSHE lessons, previously called PSHE.

The tutor groups will have PE at the following times this academic year:

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| Term 1 (starting 17th September): Every Thursday KS4 P1 (2.20-3.15pm) | Mr Ovink, Mr Spring and Mrs Mercer's tutor groups will have PE |
| Term 2 (starting 9th September): Every Thursday KS4 P1 (2.20-3.15pm) | Mr Savory, Mrs Toogood and Mr Hatch's tutor groups will have PE |

The PE lessons are compulsory, but we are trying to give the students ownership of their learning. They can choose the activities for their PE lessons; these activities will range in intensities to cater for all students. The PE department want to encourage students be active for the rest of their lives and we are hoping to promote activities where students can also be active outside of the Academy. All the activities will conform with guidance relating to COVID-19.

PE Kit

The Oasis Brislington PE kit is compulsory for all students in Years 7 to 11, however I recognise that some students have grown considerably since their last PE lesson when they were in Year 10. If their Oasis PE kit still fits students should wear this. It is not expected that students buy new PE kit if it no longer fits. Instead, if students could wear a plain black t-shirt, black shorts or tracksuit bottoms, and trainers suitable for physical activity.

The Year 11 students are expected to wear their PE kits to the Academy on the days that they have PE. The PE changing rooms are not in use at the moment to reduce the risk of transmission of COVID-19.

Principal - Peter Knight

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Astro-Turf Facility

If students chose to participate in football they are required to wear moulded or plastic studs, as per the picture below. The Academy has spare boots that are available to borrow.

| MOULDED STUDS | PLASTIC STUDS | ANY BLADES | METAL STUDS | DIMPLED SHOES | FLAT SOLED |
|---|---|---|---|---|---|
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If you have any questions please do hesitate to contact myself peter.scullion@oasisbrislington.org, your child's 360 Year Team Manager, or your child's PE teacher.

Thank for your continued support.

Yours faithfully

Pete Scullion

Peter Scullion
Team Leader for PE